

How to Join This Free Program

Joining TLC-MD is free and easy. Just complete the below information and return it to your nurse.

TODAY'S DATE

YOUR NAME

YOUR SIGNATURE

ADDRESS

PHONE

EMAIL

WITNESS' NAME

WITNESS' SIGNATURE

PATIENT CONSENT (CHECK ONE): I WANT TO ENROLL I DO NOT WANT TO ENROLL

For more information,
call 301-354-3690 or
fax 301-685-6091.

Also visit
www.DCHweb.org/TLCMD



Totally Linking Care in Maryland
c/o Doctors Community Hospital
Case Management Department

8118 Good Luck Road
Lanham, Maryland 20706

RA.Rev 0316

Totally Linking Care in Maryland

Improving Your Health
with Coordinated Care



Sign up today!



Who We Are

People who have multiple chronic diseases (e.g. diabetes, congestive heart failure, kidney disease and others) require medical care from many healthcare professionals. However, it can sometimes be difficult to coordinate all of the care needed to support long-term good health. That's why we created the free TLC-MD program.

Totally Linking Care in Maryland or TLC-MD is a team of more than 50 organizations, outpatient services, local health departments, community groups and residents – all focused on working together to identify solutions that help you better coordinate your medical care. Some of our current participants include:

- + CalvertHealth Medical Center
- + University of Maryland Capital Region Health
- + Doctors Community Hospital
- + Fort Washington Medical Center
- + MedStar Southern Maryland Hospital Center
- + MedStar St. Mary's Hospital
- + Area Agencies on Aging
- + Maryland State Medical Society and Primary Care Providers
- + Prince George's County Health Department
- + Calvert County Health Department

How TLC-MD Can Help You

From the different types of physicians who care for you to the vast amount of medical information available about your conditions, it can be difficult to manage all of the appointments and paperwork. Our certified clinical coordinator is available to help. At no cost to you, this experienced healthcare professional will:

- + Assist with scheduling your follow-up appointments and filling prescriptions
- + Help you address obstacles (e.g. transportation, housing, food, etc.) that may negatively impact your health
- + Conduct depression, quality of life and other screenings to identify relating resources
- + Collaborate with all of your physicians to develop your personalized care plan
- + Provide disease, medication and nutrition education to increase your overall healthcare knowledge