



8118 Good Luck Road
Lanham, MD 20706

FOR IMMEDIATE RELEASE

For more information contact:
Community Relations – 301-552-8060

Doctors Community Hospital Hosts Program for Cancer Survivors

LANHAM, MD – Doctors Community Hospital will host “I Can Cope” workshops on Wednesday, March 4, 11, 18 and 28, 2009 from 6:00 p.m. to 8:30 p.m., on the hospital’s campus at 8118 Good Luck Road, Lanham, Maryland.

“I Can Cope” is a free educational program for adults with cancer and their loved ones. The 4-session workshop offers several courses designed to help participants cope with their cancer experience by increasing their knowledge, positive attitude, and skills.

The program, sponsored by Doctors Community Hospital, the American Cancer Society, and Doctors Regional Cancer Care, offers straightforward cancer information and answers to questions about human anatomy, cancer development, diagnosis, treatment, side effects, new research, communication, emotions, sexuality, self-esteem, and community resources. The program also provides information, encouragement, and practical hints through presentations and class discussions.

For more information, or to register for the workshop, please call Mary Lingeback at 301-552-8209 or Ava Stevens at 301-805-6860. **Registration for this free workshop is required.** Refreshments provided.